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Little Monster Booklist!

Starred books are Little Monster family favorites

Pink stars denote recently added titles!

Please note that all ages are just guidelines - read freely and often!

Please note: I earn a small commission on any titles purchased through my [affiliate site](#) on Bookshop. Please support your local bookstores and your favorite sleep consultant! I have provided this link for all books available through there; otherwise I am using the Amazon link.

0-18m

[Bedtime](#) (12m+): This installment of the ever-helpful Toddler Tools series shows a family happily going through their bedtime routine before falling asleep. A great intro to instilling a bedtime routine.

[Brown Baby Lullaby](#) (6m+): Two parents go through the day with their high-spirited little one; though they are exhausted, they wouldn't have their baby be any other way. This loving book is peppered with Spanish vocabulary.

[Girl of Mine](#) (12m+): A young girl snuggles with her daddy as they imagine a journey through gardens in the moonlight.

*[The Going to Bed Book](#) (from birth): Sandra Boynton's beyond-cute animals go through their bedtime routine before settling down to sleep. Also available in [Spanish](#).

*[Good Night, Gorilla](#) (6m+): It's bedtime at the zoo, and all the animals are snug in their cages...or are they? This nearly wordless book is great for a wide age range, as the pictures do the storytelling.

*[Good Night, Moon](#) (from birth): A classic for a reason! Soothe your little one's potential separation anxiety by lovingly wishing everything in the bedroom good night. Also available in [Spanish/English](#) bilingual edition.

*[Good Night, World](#) (12m+): Say good night to the planets, animals, oceans, and other natural wonders in this beautifully illustrated rhyming book.

[Sweet Dreams, Zaza](#) (12m+): Zaza says good night to all of her toys before drifting off herself. Especially helpful as the 18m bout of separation anxiety dawns.

18m-4yo

[The Baby Beebee Bird](#) (2+): The Baby Beebee bird yells “BEEBEE BOBBI” all...night...long. Will the other zoo animals ever get some sleep?

[Back to Bed, Ed!](#) (2+): Ed will not stay in his bed! How can his parents help him settle down for the night?

[Bedtime Bonnet](#) (2+): A little girl and her parents get their waves, locs, and curls ready for bed as part of their nighttime routine. When her bonnet goes missing, will she be able to sleep?

[The Big Bed](#) (2+): A little girl wants to sleep with Mommy in the big bed, and offers Daddy some other options. This book is written by the hilarious Bunmi Laditan, author of the hilarious Honest Toddler blog, and will not let her fans down.

*[A Big Bed for Little Snow](#) (3+): Little Snow loves the big new bed his mother made, but he cannot resist jumping on it instead of sleeping! What happens when he bounce, bounce, bounces?

*[Dinosaur vs. Bedtime](#) (18m+): Dinosaur can conquer a big slide and deal with boring grown-ups talking, but can he beat his greatest opponent: bedtime??? (spoiler for parents: no, he can't!)

*[Don't Let the Pigeon Stay Up Late!](#) (2+): The Pigeon, of bus-driving fame, is back at his old tricks, relentlessly pleading to stay up past bedtime. Parents and kids will enjoy this exercise in saying NO!

*[The Girl Who Got Out of Bed](#) (3+): Shirley won't stay in bed until her father teaches her a helpful trick to make the morning come faster.

[Go Sleep In Your Own Bed!](#) (2+): Pig can't sleep in his sty, because Cow is there. But Hen is in Cow's Bed! Will the animals ever get to sleep where they belong? The titular refrain will keep kids laughing and hopefully get them back where they belong!

[How Do Dinosaurs Go to Sleep?](#) (18m+): Little dinosaurs wreak havoc at bedtime, then switch to model behaviors in this fun, rhyming story.

*[How to Put an Octopus to Bed](#) (2+): Octopus volunteers to put his parents to bed - but getting bathtime, pajamas, toothbrushing, and tucking in accomplished is very different when a child is taking charge.

*[I Will Take a Nap](#) (2+): Gerald is tired and wants to take a nap. Will his friend Piggie let him rest or keep him awake?

[If Your Monster Won't Go to Bed](#) (3+): Flip the script and let your kiddo take charge of their monster's bedtime routine.

*[The Little Girl Who Didn't Want to Go To Bed](#) (3+): By combining toddler FOMO and hilarious photographs, Dave Engledow (aka the Internet's "World's Best Father") presents a silly story with an all-too-true lesson.

*[My Own Big Bed](#) (2+): A little girl works through her concerns about sleeping alone in this gentle look at the bed to crib transition.

[The Napping House](#) (2+): This gorgeously illustrated, cumulative story is a classic - everyone sleeps on Grandma until a pesky flea comes along!

*[Naptastrophe!](#) (2+): Everything goes horribly wrong when Lucy absolutely refuses to take a nap.

[No Go Sleep!](#) (18m+): New toddlers will enjoy this story about a baby with severe FOMO who refuses to go to sleep, despite numerous reassurances that he will not miss anything. Will he be able to stay awake?

*[Putting Bungee to Bed](#) (3+): Ben wants to sleep at night but his buddy Bungee just wants to bounce! Ben must figure out a way to get them both a good night's rest. A fantastic introduction to "sleep rules".

*[Shhh! This Book is Sleeping](#) (18m+): This adorable interactive book requests that your child help put the book to bed, from making sure it brushed its teeth to tucking it into bed.

*[Your Own Big Bed](#) (18m+): A sweet, sentimental story about baby milestones, leading up to a child getting their own big bed.

4yo+

[Berkley the Terrible Sleeper](#) (4+): Hibernation season is coming, but Berkley just cannot settle down to sleep! How will Momma and Poppa Bear get everyone the rest bears need?

*[The Different Dragon](#) (4+): David and his mother create a bedtime story about a dragon who doesn't have to be fierce all the time in this bedtime story-within-a-bedtime story.

[Goodnight Melanie! Good Morning Cory!](#) (5+): This picture book for older readers teaches basic sleep science wrapped up in a fun adventure.

[Interrupting Chicken](#) (4+): Papa Chicken is TRYING to tell Little Chicken a bedtime story, if he could just get a word in edgewise! This book is hilarious for parents and their little motormouths.

*[Sleepy, the Goodnight Buddy](#) (4+): Roderick stalls and stalls bedtime until his parents buy him a special stuffed animal, who turns the tables and keeps poor Roderick up until all hours.

[What to Do When You Dread Your Bed: A Kid's Guide to Overcoming Problems With Sleep](#) (8+): This illustrated, fun workbook will help older kids face their anxieties and learn to love their beds.



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